



340 Main Street, Suite 400  
508.799.1600

**PRIORITY OF SERVICE TO OUR VETERANS**

**AUGUST 2023**

[www.masshirecentralcc.com](http://www.masshirecentralcc.com)  
[www.facebook.com/masshirecentralcc](https://www.facebook.com/masshirecentralcc)

Pre-registration  
Required



**Hours**  
8:45 – 4:30 Monday – Thursday  
9:45 – 4:30 Friday

Arrive 15 Mins. Early  
Late Policy Applies

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
|   | <b>1</b><br><u>Virtual Navigating Career Choices</u><br>10:00-11:30<br><br>Virtual Career Center Seminar<br>1:00 – 2:30  | <b>2</b><br><u>Virtual Resume Writing</u><br>10:00 – 11:30<br><br>Virtual Career Center Seminar<br>1:00 – 2:30          | <b>3</b><br>Virtual Career Center Seminar<br>1:00 – 2:30   | <b>4</b><br>The Bounce Program<br>Info Session - Virtual<br>10:00 – 11:00  |
| <b>7</b><br><u>Virtual Job Search Strategies</u><br>10:00 – 11:30<br><br>Virtual Career Center Seminar<br>1:00 – 2:30 | <b>8</b><br>Virtual Career Center Seminar<br>1:00 – 2:30   | <b>9</b><br><u>Bar None Legal Clinic – In Person</u><br>1:00 - 3:00<br><br>Virtual Career Center Seminar<br>1:00 – 2:30 | <b>10</b><br><u>Virtual Career Directions</u><br>9:30 -12:30<br><br>Virtual Career Center Seminar<br>1:00 – 2:30 | <b>11</b>  |
| <b>14</b><br>Virtual Career Center Seminar<br>1:00 – 2:30   | <b>15</b><br><u>Virtual Navigating Career Choices</u><br>10:00-11:30<br><br>Virtual Career Center Seminar<br>1:00 – 2:30 | <b>16</b><br>Virtual Career Center Seminar<br>1:00 – 2:30   | <b>17</b><br>Virtual Career Center Seminar<br>1:00 – 2:30  | <b>18</b>  |
| <b>21</b><br>Virtual Career Center Seminar<br>1:00 – 2:30   | <b>22</b><br>Virtual Career Center Seminar<br>1:00 – 2:30  | <b>23</b><br><u>Virtual Resume Writing</u><br>10:00 – 11:30<br><br>Virtual Career Center Seminar<br>1:00 – 2:30         | <b>24</b><br>Virtual Career Center Seminar<br>1:00 – 2:30  | <b>25</b><br>The Bounce Program<br>Info Session - Virtual<br>10:00 – 11:00 |
| <b>28</b><br>Virtual Career Center Seminar<br>1:00 – 2:30   | <b>29</b><br><u>Virtual Intro to LinkedIn</u><br>10:00 -11:30<br><br>Virtual Career Center Seminar<br>1:00 – 2:30        | <b>30</b><br><u>Virtual Interview Workshop</u><br>10:00-11:30<br><br>Virtual Career Center Seminar<br>1:00 – 2:30       | <b>31</b><br>Virtual Career Center Seminar<br>1:00 – 2:30  |  |

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## WORKSHOP DESCRIPTIONS

**Bar None Legal Clinic** – Designed to help Worcester residents with criminal records. Assistance is provided in the following areas: suspended drivers' licenses, credit issues, child support issues, child custody/visitation issues, disability claims, and sealing of criminal record.

**Career Center Seminar** - This seminar introduces participants to the MassHire Career Centers and what they provide in terms of programs, services and resources to assist with training and employment needs. The Career Center Seminar is also offered in Spanish. **IMPORTANT NOTE:** In-Person or Virtual participants who arrive for this seminar 10 or more minutes after the start time will not be admitted to the session.

**Career Directions** -This interactive workshop is designed to assist participants in identifying transferrable skills, knowledge, abilities and interests through the use and interpretation of the Holland's Self Directed Search. This session will also include an interpretation of the assessment & provides various internet resources for labor market information specific to occupational goals. Job seekers have consistently reported that participation in this workshop has contributed to targeting additional career options and opportunities. (In-Person event only)

**Training Info Meeting** – Participants in this orientation will learn about training opportunities and eligibility/suitability criteria. Available training is subject to funding availability and program eligibility. **IMPORTANT NOTICE:** Participates must live in a Central Mass city or town that MassHire services.

### Job Day

Multiple employers / businesses recruiting candidates for open positions from 10:00 to 12:00 at MassHire Worcester Career Center: (This session is being offered in –person)

### Bounce Info Session

Learn About The Australian-based, award-winning, life-changing Bounce Program being offered at the MassHire Central Career Center. Are you living the life you love? Are you lacking confidence, motivation and the life skills you need to succeed? Then the BOUNCE Program is for you, it will take you there to find your way. This info session will be facilitated by Bounce Certified Trainers, who will talk in more detail about a free, four day, innovative course for MassHire members who are ready to take charge of their lives and build the skills needed for success.

### BOUNCE Español - Informacion

Más información sobre The Bounce Program (el Programa Bounce), ganador de premios y con sede en Australia, que cambia la vida y que se ofrece en el MassHire Central Career Center. ¿Estás viviendo la vida que amas? ¿Le falta confianza,

motivación y las habilidades para la vida que necesita para tener éxito? Entonces The Bounce Program (el Programa BOUNCE) es para ti, te llevará allí para que encuentres tu camino. Esta sesión de información será facilitada por entrenadores certificados de Bounce, quienes hablarán con más detalle sobre un curso innovador gratuito de cuatro días para los miembros de MassHire que están listos para hacerse cargo de sus vidas y desarrollar las habilidades necesarias para el éxito.

**Job Search Strategies** - This workshop covers a variety of methods and techniques that jobseekers can use in order to increase their success in landing their next job. **LinkedIn** - Participants in this session will learn how to

1. Create a LinkedIn account
2. Build a LinkedIn profile
3. Develop a LinkedIn network
4. Search and apply for jobs on LinkedIn

#### Prerequisites:

- ✓ MUST HAVE computer skills
- ✓ Bringing a resume on a flash drive is STRONGLY RECOMMENDED

**Navigating Career Choices** -This workshop is designed to provide participants with technical instruction and practical hands-on application exercises using online tools to explore occupations and research labor market information relevant to their job / career interests and educational goals. **IMPORTANT NOTICE:** (This session is being offered in –person and virtually) to participate virtually, you must have an e-mail account to be able to join the session using Webex.

**The Interview Techniques** - This session is designed to provide participants with tips and best practices for successful interviewing. **IMPORTANT NOTICE:** (This session is being offered virtually) to participate virtually, you must have an e-mail account to be able to join the session using Webex.

**Résumé Writing** - This workshop is facilitated by a Certified Professional Résumé Writer and is designed to provide participants with tips and best practices for writing effective résumés. **IMPORTANT NOTICE:** (This session is being offered in –person and virtually) to participate virtually, you must have an e-mail account to be able to join the session using Webex

MassHire programs & services are funded in part by US Department of Labor (USDOL) Employment and Training Administration grants as well as non-federal funded grants ~ additional details furnished upon request

### How to schedule a Workshop:

You can register for a workshop by giving us a call at 508-799-1600

7/24/2023

SEATING IS LIMITED

CALENDAR IS SUBJECT TO CHANGE